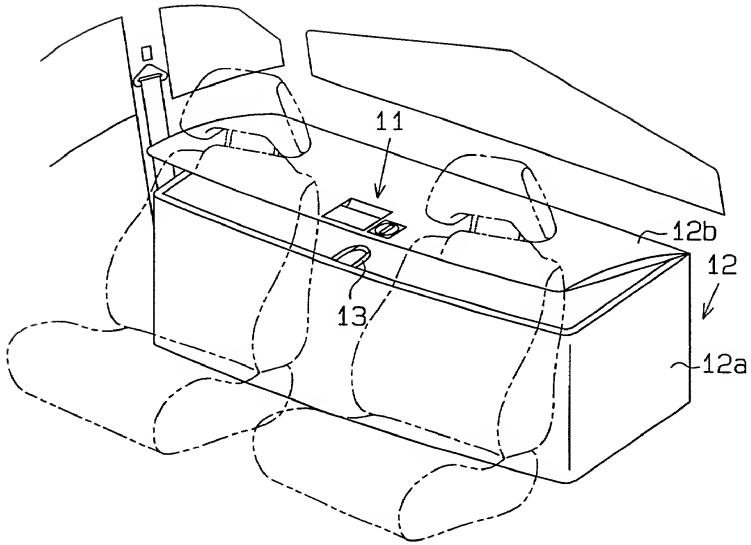
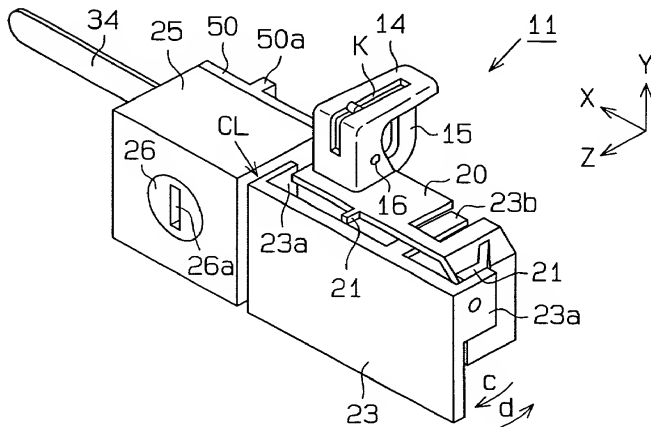


**Fig.1**



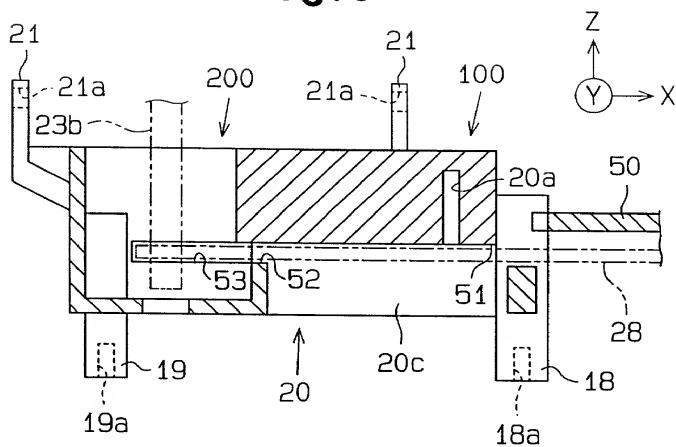
**Fig.2**



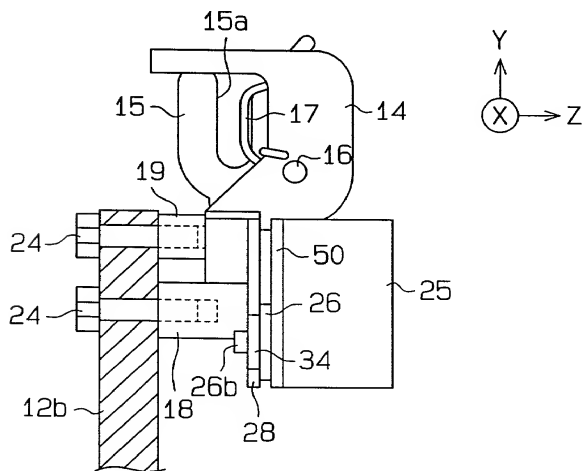




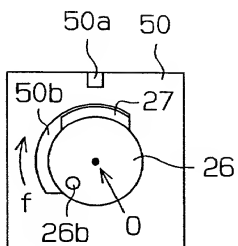
**Fig.5**



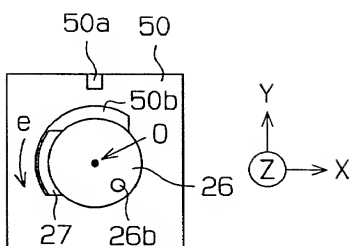
**Fig.6**



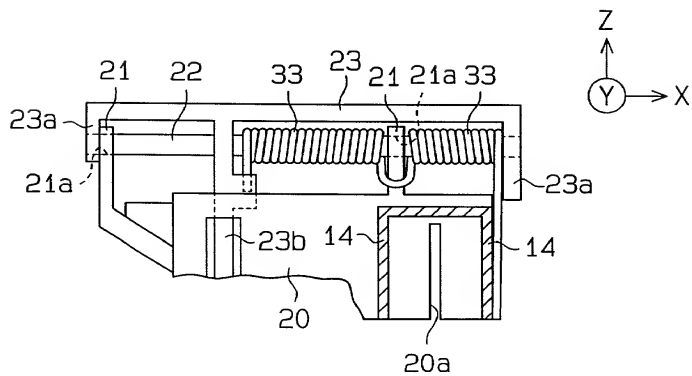
**Fig.7 (a)**



**Fig.7 (b)**

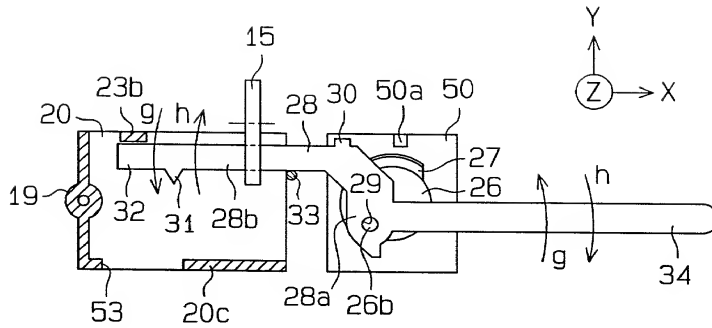


**Fig.8**

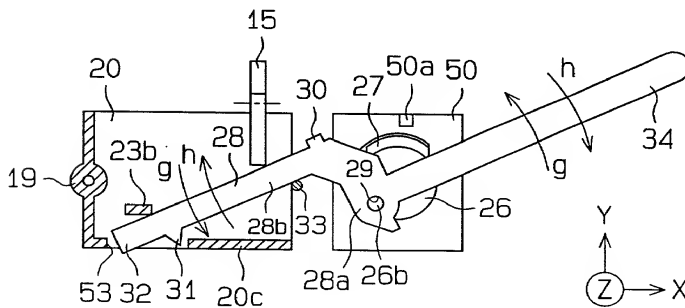




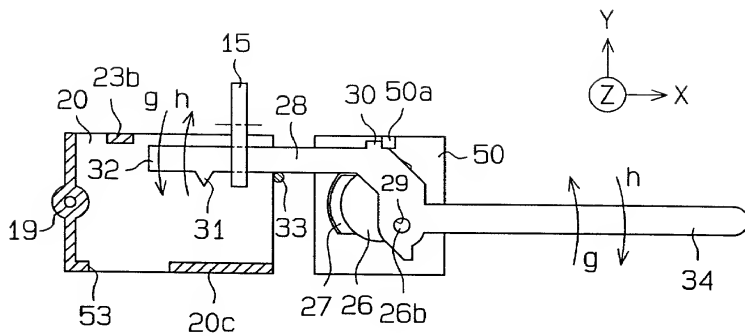
**Fig.11**



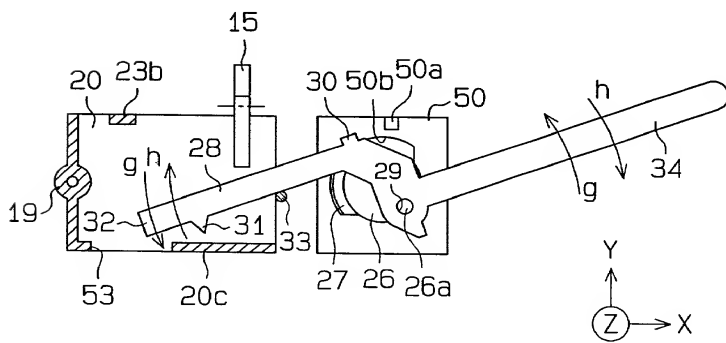
**Fig.12**



**Fig.13**



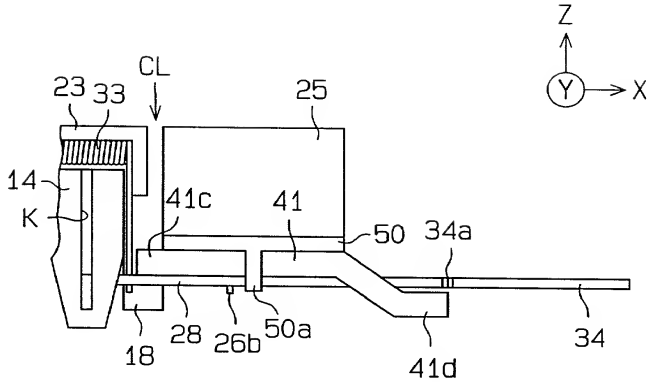
**Fig.14**



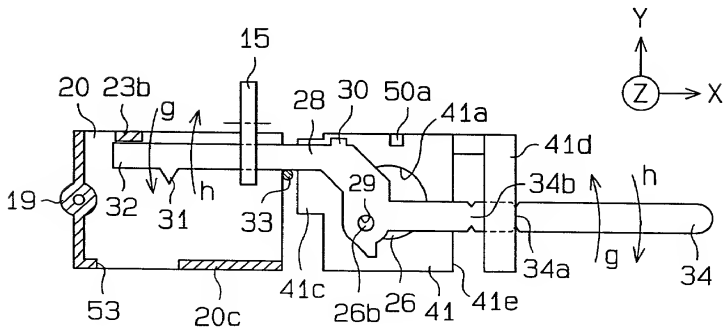




**Fig.16**



**Fig.17**



Author	Year	Method	Location	Sample Size	Findings
Wang et al.	2010	Survey	China	1,000	High prevalence of mental health issues among adolescents.
Li et al.	2011	Survey	China	1,200	Increased mental health awareness among adolescents.
Zhang et al.	2012	Survey	China	1,500	Significant correlation between social media use and mental health.
Chen et al.	2013	Survey	China	1,800	Need for mental health services in schools.
Wu et al.	2014	Survey	China	2,000	Impact of family structure on adolescent mental health.
Yang et al.	2015	Survey	China	2,200	Role of teachers in adolescent mental health.
Xu et al.	2016	Survey	China	2,500	Effectiveness of school-based mental health programs.
He et al.	2017	Survey	China	2,800	Long-term outcomes of mental health interventions.
Guo et al.	2018	Survey	China	3,000	Integration of mental health into the curriculum.
Liu et al.	2019	Survey	China	3,200	Parental involvement in adolescent mental health.
Wang et al.	2020	Survey	China	3,500	Future directions for adolescent mental health research.



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Zhang et al.	2012	Survey	China	1,500	Significant correlation between family environment and adolescent mental health.
Chen et al.	2013	Survey	China	1,800	Need for more mental health resources in schools.
Qin et al.	2014	Survey	China	2,000	Impact of social media on adolescent mental health.
Wu et al.	2015	Survey	China	2,200	Effectiveness of school-based mental health programs.
Yang et al.	2016	Survey	China	2,500	Role of parents in adolescent mental health.
Xu et al.	2017	Survey	China	2,800	Long-term outcomes of adolescent mental health interventions.
Guo et al.	2018	Survey	China	3,000	Comparison of mental health status between urban and rural adolescents.
He et al.	2019	Survey	China	3,200	Impact of COVID-19 on adolescent mental health.
Wang et al.	2020	Survey	China	3,500	Resilience factors in adolescents during the pandemic.
Li et al.	2021	Survey	China	3,800	Effectiveness of telehealth in adolescent mental health.
Zhang et al.	2022	Survey	China	4,000	Future directions for adolescent mental health research.

